

**Are you ready to make a positive
change in your life?**

**Personal Empowerment and
Accountability Class**

eliminating racism
empowering women
ywca
85th ANNIVERSARY



 **Character
Restoration
Center**
Lafayette, IN

The Personal Empowerment and Accountability Class is a 26-week program that teaches women (ages 16 and up) new ways of making healthy choices. Women will learn how to gain respect from others, how to remain calm in stressful situations and how to feel empowered and confident.

Wednesdays 6-8pm
Trinity Educational Building
404 N. 6th Street, Lafayette

Free children's groups and childcare
If you have any questions, call 765-423-1118